

TOP OF MIND

News from Portage Path Behavioral Health

PPBH HOLDS ANNUAL APPRECIATION & RECOGNITION DINNER

Portage Path's 2019 Appreciation & Recognition dinner was held on April 18th at Greystone Hall. This event is held annually to recognize donors, community partners and most importantly staff who have achieved service milestones with Portage Path.

Along with thanking donors, and honoring our dedicated staff, we presented our John W. Solomon award to Board Trustee Robert Cooper for his vision, leadership, advocacy and philanthropy for PPBH. The Solomon award is given to a champion for Portage Path each year and is given in memory of late PPBH board member John Solomon.

At the event, attendees enjoyed dinner, and watched a video highlighting Psychiatric Emergency Services (PES). Donors were thanked in a separate video and lastly, each staff member was honored, recognized and given gifts of appreciation.

Portage Path sincerely thanks all who were in attendance for their collective effort in keeping Portage Path the front door for behavioral health services in Summit County.



2019 Solomon Award Recipient
Robert Cooper



Five Years

Donald Davis
Kevin Fasig*
Tiffany Harrison
Lisa Renier
Tomoko Sherrod
Jim Tudhope

Ten Years

Ron Heath
Adam Kulesza*

Fifteen Years

Sean Blake*
Greg Ford
Julie Klein Vovko

Twenty Years

Dawn McKinney

Thirty Years

Denise Nash

*not pictured

REGISTER TODAY FOR KJ'S 5K!

The Third Annual KJ's 5K will be here before we know it! This event is a walk/run for suicide awareness and prevention as well as animal rescue. The event will be held at Portage Lakes State Park on October 5th, 2019. If you are interested in becoming a sponsor, participant, volunteer or getting a team together, click **HERE** for more information.



[REGISTER HERE](#)

DONOR HIGHLIGHT: PPBH BOARD TRUSTEE MICHAEL THOMAS

What motivates you to give to an organization?

What inspires me to give to an organization is when I see that it is making an impact in people's lives, the leaders actually care about their mission and are fully invested in making a difference.

What about PPBH encourages you to give?

I give to PPBH because I've fell in love with our vision and mission. I have learned about all the ways PPBH serves the community and engage with it to make it more supportive to those we serve.



What do you want other people to know about PPBH?

I want people to know that PPBH is the most recognized, highest rated and is considered the standard for other Behavioral Health facilities in Summit County and across Ohio.

What about PPBH made you want to contribute to our efforts by serving on our board?

Being invited by Candy Pallante and coming in, not knowing anything about what you do. My commitment to serve came after I saw everyone's passion to the cause on the board and the awesome Leadership that this organization has been blessed with. I joined because I wanted to be apart of something special in helping them achieve and sustain their goals!



DR. PHIL'S LIGHTHOUSE

Intern Highlight: Brittany Carbaugh



Brittany Carbaugh completed her Practicum Training with Portage Path and is now completing her 4th year in the Counseling Psychology Doctoral Program at Cleveland State University. Below, we highlight some of her experiences.

What were some benefits of completing the Practicum training at Portage Path?

"Portage Path offered a variety of experiences, including group therapy, individual therapy, and psychological testing/assessment. Depending on availability, there were also opportunities to visit the psychiatric inpatient/residential facility and to help with the Portage Path intake department. These various opportunities helped provide a well-rounded year of experience that kept the training interesting, challenging, and comprehensive."

Brittany spent some time this past year at the Cleveland VAMC as an advanced practicum student. She is currently working in the Geriatric Primary Care Unit, which is one of many units considered to be a Primary Care-Mental Health Integration (PC-MHI) clinic. This means that mental health professionals/psychologists and social workers are embedded in the primary care units to help provide comprehensive care to patients.

Last Summer, Brittany was selected to attend the Center for Deployment Psychology's Summer Institute: Preparing for a Career in the Armed Forces. The week long training was held at the Uniformed Services University of Health Sciences on the grounds of the Walter Reed National Military Medical Center in Bethesda, Maryland. It was an incredible experience! I had been considering joining the Air Force as a military psychologist and this week helped answer all the questions I had and made me even more excited to join!

Brittany graciously invites any questions about her experiences by emailing her at: carbaugh.brittany@gmail.com